

For Your Reference

LGBT Patient Hotlines

Use these hotlines if you are in crisis or need additional support.

LGBT national hotline

(888) 843-4564

- Serves all ages
- Provides peer counseling, information, and local resources
- Hours: Monday through Friday (4 p.m.-12 a.m. Eastern) and Saturday (12 p.m.-5 p.m. Eastern)

LGBT national senior hotline

(888) 234-7243

- Serves seniors
- Provides peer counseling, information, and local resources
- Hours: Monday through Friday (4 p.m.-12 a.m. Eastern) and Saturday (12 p.m.-5 p.m. Eastern)

TrevorLifeline

(866) 488-7386

- Serves youth through young adults
- Provides crisis intervention and suicide prevention services
- Hours: 24/7

LGBT national youth talkline

(800) 246-7743

- Serves teens and young adults under age 25
- Provides peer counseling, information, and local resources
- Hours: Monday through Friday (4 p.m.-12 a.m. Eastern) and Saturday (12 p.m.-5 p.m. Eastern)

Trans hotline

(877) 565-8860

- Serves all ages
- Provides peer support for transgender or gender-questioning individuals
- Hours: 24/7

If you or someone else is
experiencing a medical emergency

Call 9-1-1 immediately